



Do you have autism / Asperger Syndrome or a related condition?

Are you looking for employment or need help to keep a job you already have?

Our First Routes team can help!

Support to prepare for Work

One to One Support

We provide specialist support to help you overcome barriers to work, increase confidence and move closer towards finding paid work

Job Search Support

We can help you find the job that suits your skills & abilities

Interview Support

We can help you at job interviews, by speaking to employers and coming along with you

Support in the Workplace

Support for Individuals

Ongoing support, monitoring visits, reassurance and guidance throughout to help you overcome barriers in the workplace

Support for Employers

Training, support, guidance and ongoing contact and communication on how best to support individual needs in the workplace

If you are in need of help or would like to speak to us about your support needs then contact:

sts@autismplus.co.uk

01143 840300

www.autismplus.org

