

Supported Living

We support people with autism, learning disabilities and mental health conditions to live independent, safe and healthy lives in our Supported Living Service.

The service helps people to find a home near to family and friends and offers support in home living, accessing education, training or employment, engaging in activities and hobbies and developing friendships and relationships. Support is tailored and personalised for each individual, focusing on their wishes and choices.

If you would like to find out more contact David Boland.

David.Boland@autismplus.co.uk
Tel: 07855237306



What's On?

Monday - Friday	8am - 3pm	Café open for hot meals
Monday	5pm	Slimming World Group
Tuesday	4pm – 6 pm 7pm – 9 pm	Youth skills ages 8-13 Competition night ages 14+
Wednesday	6.30pm - 8.30pm	East Hull Teen Group
Thursday	4pm – 6 pm 7pm – 9 pm	Girls world ages 13+ Senior open access ages 13+
Friday	4pm – 6 pm	Junior youth club ages 8 - 13
Saturday	10am - 1pm 10am - 1pm	Disability Family Support Group Café open for hot meals



Ings Plus
Savoy Road
Hull
HU8 0TX

www.autismplus.org

Registered Charity Number 518591

Tel: 01482 795700
Email: Ingsplus@autismplus.co.uk

Training & Progression

Accredited Learning
Work Experience
Volunteering

Food Service

From our commercial kitchen we offer a healthy meal delivery service, lunch clubs in the local community, catering and buffets.

We cater for all dietary needs

Meals
on
Wheels
01482
795700



Café

8am - 3pm

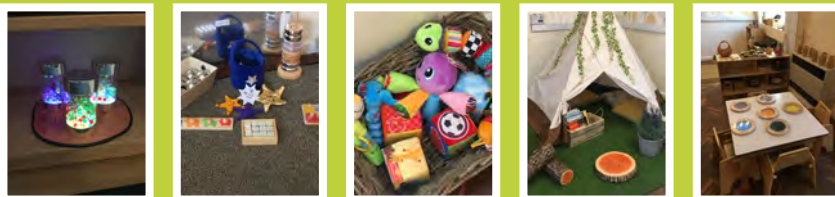
Varied Menu Healthy Options Daily Specials

newground
together
Youth Provision

A part of the Together Housing Group, helping communities to become happier, healthier and safer.

Brightstart Day Nursery

Childcare for 0 – 11 year olds
Telephone: 01482 821467



Autism Plus

Autism Plus support adults and young people with autism, learning disabilities and mental health conditions across Yorkshire and Humber.

We provide residential and supported living, adult education and support into employment. Through our social enterprise businesses we offer vocational work placements in:

catering and hospitality
horticulture
chocolate manufacturing
woodwork
engineering
and **admin.**

Our social enterprises support disabled people to gain work experience and skills at a pace that's right for the individual, with the aim of progressing into paid employment.

